

# Holy Family Como Bulletin



Parish Priest: Fr Ossie Lewis - Email: [ossielewis28@gmail.com](mailto:ossielewis28@gmail.com)

45 Thelma Street, Como 6152 - Phone: 9450 5921 - Email: [como@perthcatholic.org.au](mailto:como@perthcatholic.org.au)

Office Hours Tuesday - Thursday 9am - 12.30pm - Website: [www.holyfamilycomo.com](http://www.holyfamilycomo.com)

**Weekend Masses** Saturday 6pm, Sunday 8.30am & 10.00am

**Weekday Masses:** Tuesday, Wednesday & Thursday 9am, Friday 7pm,

**Reconciliation:** 5.30pm Saturday **Baptisms & Marriage:** By appointment Only **Adoration:** Thursday 9.30am-12.30pm

**Safeguarding Officers:** Mark Ferroa 0425454763 & Breda Pires 0422237261

## 18th Sunday in Ordinary Time - Year A

They all ate and were satisfied, and they picked up the fragments that were left over — twelve wicker baskets full. Matthew 14: 13-21

**“Take this bread . . .”**

People of every time & place & culture have taken grain from the earth & ground it into flour, kneading it with water, salt & yeast, to make bread.

The job of the baker is to make bread taste great by extracting as much flavour as possible from its ingredients. It's done in a simple, ancient process, Fermentation, that is quite possibly responsible for the origin of life on Earth.

Active yeast feeds on the sugars released from the wheat after it has been hydrated. As a result, it releases a gas and a tangy liquid sometimes called 'hooch.' Fermentation literally transforms the ingredients from one thing into another. The baker's job is to keep that yeast alive until it is time to bake, where it releases its last 'breath,' giving a final rise to the loaf, and then dies in the hot oven. **The yeast dies to give life to the bread, which is then consumed and gives life to us . . .**

In the baking and breaking of bread we have an opportunity to experience the mysterious relationship between life and death in both profound and ordinary ways. **Wheat is alive until harvested and milled. The yeast dies under high heat.** The ingredients transform it into something else. The substance that emerges from the oven is something that it wasn't before. It becomes bread, a food so substantial and nourishing that it can even mean food itself. By breaking and eating it we are given life, not just the nutrients needed to sustain physical life, but what we need to sustain a spiritual life as well.

The very baking of bread mirrors the mystery of Christ as the compassion of God made human for us: the elements of bread come together and “die” to become bread as Christ dies to rise bringing all of humankind to the fullness of life in God. Bread is a living sign of what it means to be church: we come together with our gifts and talents, and, by the “yeast” that is the Spirit of God, we become the one bread, the Church, the body of Christ.

In imitating Jesus' three actions in today's Gospel, blessing” and giving thanks for what God has given to us, “breaking” from our blessings (including our time and energy) in order to contribute to the good of all, and “giving” in joy and humility, we transform our small offerings of fish and pieces of bread into the means for becoming the one body of Christ.



## HOLY FAMILY DIARY 3-9 August 2020

### Monday 3 August

- No Mass

### Tuesday 4 August

- 9.00am Mass

### Wednesday 5 August

- 9.00am Mass  
- 9.30am Craft Group

### Thursday 6 August

- 9.00am Mass  
- 9.30am-12.30pm Adoration

### Friday 7 August

- 7.00pm Mass

### Saturday 8 August

- 11.30am Baptism - William Bishop  
Iona & Henry van der Bijl  
- 4.45-5.45pm 1st Euch Lesson  
- 6.00pm Mass

### Sunday 9 August 19th Sunday in Ord Time

- 8.30am Mass  
- 10.00am 1st Eucharist  
Commitment Mass  
- 10am-11am 1st Reconc Lesson

## IMPORTANT NOTICE

*Just a reminder that the  
Tuesday Mass time will be  
changing back to  
**9.00am***



### Towards the Plenary Council: 2020 Understanding a Missionary & Evangelising Church

**On:** Thursday 27th August

**From:** 5.30pm - 6.45pm

**With:** Rev Fr Vincent Glynn

**At:** Newman Siena Centre (Room S.101)

A key theme highlighted by the recent consultation process for the Plenary Council 2020 was the importance of the need for the Church in Australia to be an evangelising Church – a Church that understands its mission and purpose in the world of today and into the future. But what is this that has been called for by many of the recent Popes? What is the Holy Spirit saying to the Church in Australia about this important work? Looking at the writings coming from the Church we will seek to understand what evangelisation is, who is it aimed at and how it is the proclamation of both the Gospel and of the person of Christ.

**To register call 9241 5221 or email [cfe@perthcatholic.org.au](mailto:cfe@perthcatholic.org.au)**

## MASS OFFERING (at all Masses) Holy Family Parishioners

### POWER OF PRAYER

Jill McGimpsey-Evans, David, Fitzgerald family, Adelene, Joy & Reg Groutsch, Hazel Callanan, Margaret Salter, Ivan Giddens, Elizabeth Curtis, Mona Jones, Betty Bennett, Mary Devereux, Jan Watts, Renate Kirkby, Rema David, Christina, Lyn & Lou Steber, Dipti Bhura, Norm Bickley, Narelle, Andrina S, Tim Day, Julie McCarthy, Kennedy Family, Rhys, Sai Cer, Gwen Woodruff, Rhys, Peter Jones, Ng Chai Hong, Cora Keeley, Nadia & Michael, Vanessa, Helen, Esha Watt, Baby Watt, Norah Langshaw, Carolyn Gonsalves

## 2020 SACRAMENTAL PROGRAM REVISED DATES

The Archdiocese has allowed First Reconciliation and First Eucharist programs to resume.

The celebration of Confirmation still remains temporarily suspended but lessons will begin (see below)

### Ceremony dates:

**First Reconciliation:**

Saturday, 5 September - 2.00pm

**First Eucharist:**

Sunday, 25 October - 10.00am

**Confirmation:**

Ceremony date to be advised but lessons are to commence.

### Lesson dates:

**Confirmation lessons will begin on Saturday 8th August at 4.30pm in the Hall.**

Confirmation Parents have been advised of these dates.

First Reconciliation & Eucharist lessons began on Saturday 25th July and Sunday 26th July.

If you have any questions in regards to the Sacramental Program please email Mark Ferroa on:

**[comocathsacramental@ymail.com](mailto:comocathsacramental@ymail.com)**



## COVID-19 Coronavirus Disease

### HELP STOP THE SPREAD

#### AVOID CLOSE CONTACT

Avoid close contact with sick people, and when you're sick. Maintain distance at least 6-ft

#### STAY HOME WHEN YOU ARE SICK

If you feel sick, go home to prevent the spread of germs, and remain at home until better

#### COVER YOUR MOUTH AND NOSE

Cough or sneeze into a tissue, then throw the tissue in the trash

#### CLEAN YOUR HANDS

Wash your hands with soap and water for 20 seconds. Or use an alcohol-based hand rub

#### AVOID TOUCHING YOUR EYES, NOSE, OR MOUTH

Prevent touching something contaminated with germs, and then to eyes, nose, or mouth

#### PRACTICE OTHER GOOD HEALTH HABITS

Routinely clean and disinfect frequently touched objects and surfaces  
• Get Sleep  
• Be Physically Active  
• Manage Your Stress  
• Drink Plenty of Fluids  
• Eat Nutritious Foods



## LOST & FOUND BOX

There are a number of items in the lost & found box, mainly reading glasses. If you have recently misplaced a pair of glasses they may be in the box. Thank you.



## WEDDING ANNIVERSARIES AUGUST 2020

Congratulations to the following who celebrate anniversaries in August  
Betty & Des **Leggett**

Amelia & Jared **Graves**

Patricia & David **Cowley**

Grazyna & Marek **Toczyłowski**

Julie & Dominic **Palumbo**

Megan & Jim **Phillips**

Catherine & Francois **Rousset**

**God bless you on your special day**

## SECOND COLLECTION

If you wish to contribute to the 2nd Collection, go to the parish website & download a pledge form, contact the office 94505921 or email, **[como@perthcatholic.org.au](mailto:como@perthcatholic.org.au)**  
The parish direct debit details are as follows:

**Account Name:** Holy Family Como

**BSB Number:** 036-050

**Account Number:** 790041

**Ref/Descriptions:** Last name

I deeply appreciate your commitment & support of the parish.  
God bless Fr Ossie

# Liturgy of the Word - 18th Sunday in Ordinary Time - Year A

## ENTRANCE ANTIPHON

O God, come to my assistance;  
O Lord, make haste to help me!  
You are my rescuer, my help;  
O Lord, do not delay.

## FIRST READING

Isaiah 55:1-3

Thus says the Lord:

Oh, come to the water all you who are thirsty; though you have no money, come! Buy corn without money, and eat, and, at no cost, wine and milk. Why spend money on what is not bread, your wages on what fails to satisfy? Listen, listen to me and you will have good things to eat and rich food to enjoy. Pay attention, come to me; listen, and your soul will live. With you I will make an everlasting covenant out of the favours promised to David.

## RESPONSORIAL PSALM

**R. The hand of the Lord feeds us, he answers all our needs.**

1. The Lord is kind and full of compassion, slow to anger, abounding in love. How good is the Lord to all, compassionate to all his creatures.
2. The eyes of all creatures look to you and you give them their food in due time. You open wide your hand, grant the desires of all who live.
3. The Lord is just in all his ways and loving in all his deeds. He is close to all who call him, call on him from their hearts.

## SECOND READING

Romans 8:35.37-39

Nothing can come between us and the love of Christ, even if we are troubled or worried, or being persecuted, or lacking food or clothes, or being threatened or even attacked. These are the trials through which we triumph, by the power of him who loved us. For I am certain of this: neither death nor life, no angel, no prince, nothing that exists, nothing still to come, not any power, or height or depth, nor any created thing, can ever come between us and the love of God made visible in Christ Jesus our Lord.

## GOSPEL ACCLAMATION

**Alleluia, alleluia!** No one lives on bread alone, but on every word that comes from the mouth of God. **Alleluia!**

## GOSPEL

Matthew 14:13-21

When Jesus received this news he withdrew by boat to a lonely place where they could be by themselves. But the people heard of this and, leaving the towns, went after him on foot. So as he stepped ashore he saw a large crowd; and he took pity on them and healed their sick. When evening came, the disciples went to him and said, 'This is a lonely place, and the time has slipped by; so send the people away, and they can go to the villages to buy themselves some food'. Jesus replied, 'There is no need for them to go: give them something to eat yourselves'. But they answered, 'All we have with us is five loaves and two fish'.

Bring them here 'to me' he said. He gave orders that the people were to sit down on the grass; then he took the five loaves and the two fish, raised his eyes to heaven and said the blessing. And breaking the loaves he handed them to his disciples who gave them to the crowds. They all ate as much as they wanted, and they collected the scraps remaining, twelve baskets full. Those who ate numbered about five thousand men, to say nothing of women and children.

## COMMUNION ANTIPHON

You have given us, O Lord, bread from heaven, endowed with all delights and sweetness in every taste.

## NEXT SUNDAY'S READINGS

**19th Sunday in Ord Time Yr A**

Kings 19:9,11-13

Ps 84: 9-14.R.v.8

Romans 9: 1-5

Matthew 14: 22-33

## 18TH SUNDAY IN ORDINARY TIME

Through the power of God, Jesus was able to share five loaves and two fish with a crowd of five thousand people. Today he shares himself with us through the Eucharist, the bread of everlasting life.

## LET US PRAY

Jesus, help us to share whatever we have with others and not to be greedy in any way. As we remember our brothers and sisters in other countries who have no food, We pray that the rest of the world will leave to share, too, so that the world can be a happier place.



  
 Australian Government  
 OFFICIAL MEDICAL ADVICE

**Coronavirus:**  
**social distancing**  
**saves lives.**

Even if you don't feel symptoms, you must exercise healthy social distancing to prevent the virus spreading to others and the more vulnerable.

Every Australian must play their part to help stop the spread.

  
 australia.gov.au



# Parish Rosters

## Commentator & Reader Roster August 2020

Date		Saturday 6pm	Sunday 8.30am	Sunday 10am
1st/2 <sup>nd</sup> Aug	18 <sup>th</sup> Sun Ord Time	Frank Giannini	Katy Fuderer	Cecilia Bray
8 <sup>th</sup> /9 <sup>th</sup> Aug	19 <sup>th</sup> Sun Ord Time	Amanda Johnson	Marianne Taylor	Colette Shack
15 <sup>th</sup> /16 <sup>th</sup> Aug	20 <sup>th</sup> Sun Ord Time	Dimitrio Sidi	Jill Hatherley	Anne Armstrong
22 <sup>nd</sup> /23 <sup>rd</sup> Aug	21st Sun Ord Time	Marina Pavey	Lynne Newton	Joyce Khoo

## Acolyte Roster August 2020

Date		Saturday 6pm	Sunday 8.30am	Sunday 10am
1 <sup>st</sup> /2 <sup>nd</sup> Aug	18 <sup>th</sup> Sun Ord Time	Carl Celedin	Joni Wijaya	James Chong
8 <sup>th</sup> /9 <sup>th</sup> Aug	19 <sup>th</sup> Sun Ord Time	Daniel Bianchini	Bill Staude	Leo Burke
15 <sup>th</sup> /16 <sup>th</sup> Aug	20 <sup>th</sup> Sun Ord Time	Vince Scanlan	Michael Taylor	Tony Bray
22 <sup>nd</sup> /23 <sup>rd</sup> Aug	21st Sun Ord Time	Hasan Sidi	Shajy Vadukoot	Tony Bray
29 <sup>th</sup> /30 <sup>th</sup> Aug	22 <sup>nd</sup> Sun Ord Time	Peter Quinn	John Hardwick	Dimitrio Sidi

# Children's Corner

E	F	S	P	A	R	C	S	O	N
V	G	N	I	S	S	E	L	B	O
I	S	E	S	K	G	O	A	R	D
F	H	M	C	A	A	S	E	E	N
L	H	I	L	D	K	N	R	A	A
O	S	L	O	E	V	E	O	K	S
A	I	O	T	W	B	M	H	I	U
V	F	S	H	M	T	O	S	N	O
E	I	M	U	C	H	W	A	G	H
S	V	N	E	E	V	L	E	W	T



ASHORE  
SICK  
VILLAGES  
FIVE  
LOAVES  
FISH  
BLESSING  
SCRAPS  
TWELVE  
BASKETS  
NUMBERED  
THOUSAND

## Please support our Bulletin Sponsors

**mediserve**  
nursing agency

This weekend we offer all Masses for Bulletin Sponsor "Mediserve Nursing Agency" Call now for nursing posts around Australia.

**Please support our sponsors.**

**mk1**  
Millenium Kapital Ltd

*An investment in yellow diamonds*

A Cl, The Esplanade, Mount Pleasant, WA 6153 Australia  
P +618 6507 4853  
E info@milleniumkapital.com  
W www.milleniumkapital.com

B01 Company Number 1996678

**ST COLUMBA'S CATHOLIC PRIMARY SCHOOL**  
30 YORK STREET | SOUTH PERTH

**Kindy 2021**  
Plus limited spots in other years

**APPLY NOW**  
**CALL 6436 9500**

[www.stcolumbassp.wa.edu.au](http://www.stcolumbassp.wa.edu.au)

**St Pius X**  
Catholic Primary School  
Cnr Ley Street & Cloister Avenue,  
Manning WA 6152  
[www.stpiusx.wa.edu.au](http://www.stpiusx.wa.edu.au)

Learn to Love  
Love to Learn

**9416 5600**

Follow us on Facebook

**JBENTO**

21 Queens Road, Mt Pleasant  
Opens Mon-Sat  
11.30am-9pm  
Tel: 9316 2772  
[www.jbento.com.au](http://www.jbento.com.au)

**parallel**  
business solutions

**mary-jo sieber CA**

0400 9474 10 [parallel.net.au](http://parallel.net.au)

taxation and business advisory services